

680 2nd Street SE Cedar Rapids, IA 52401

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Group Respite Activities

March 2025

Please respond by the 10th of February to ensure the individual is put on the first waiting list for the selection process. If you have any questions, please contact your Arc Coordinator or ArcGroups@arceci.org. Participants are expected to be in attendance the entire time length of the group respite.

Special thanks goes out to Diamond V for a grant that is allowing us to waive some of our group respite programs fees!

• • • Daylong and Overnight Groups • • •

Mardi Gras

3/1 @ 6:00 pm - 3/2 @ 4:00 pm 88 units - No Fee

Location: The Arc Building Ages: 18+

Come enjoy spending time with friends and do Mardi Gras crafts and activities and going out to eat. Bring money for food and gratuity.

St. Patrick's Baking Fun & Crafts

3/9 @ 9:00 am - 5:00 pm 32 units - \$5.00

Location: The Arc Building
Ages: 10 & up
Enjoy time with friends at The Arc
and let's bake Irish desserts.

St. Patty's Overnight

3/15 @ 6:00 pm - 3/16 @ 4:00 pm 88 units - No Fee

Ages: 18 & up
Let's go out to eat to an Irish
Restaurant. Remember to bring
money for supper and gratuity.

March Fun Days

3/23 @ 9:00 am - 1:00 pm 16 units - No Fee

Location: The Arc Building

Ages: 5 & up

Enjoy time with friends at The Arc.

Benton County - Daylong

3/15 @ 9:00 am - 5:00 pm 32 units - No Fee

Location: Vinton Presbyterian Church Ages: 5 & up

Enjoy a day full of friends, games, and fun!

Arc March Overnight

3/28 @ 6:00 pm - 3/29 @ 4:00 pm 88 units - \$20.00

Location: The Arc Building
Ages: 10+

Come join your friends and go to The Arc March Saturday morning.

• • • Groups • • •

MONDAY

Bowling

March 3rd, 10th, 17th, 24th and 31st

Location: Lancer Lanes

Time: 6:00 - 8:00 pm

Rock -n- Roll..... Let's Bowl!

Ages: 10 & up

Program Fee: \$9.00

TUESDAY

Rec Night

March 4th and 18th

Ages: 5 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Come enjoy a night with your friends full of games and activities!

Jammin'

March 11th and 25th

Ages: 5 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Show off your singing and playing talents with Karaoke and instruments!

WEDNESDAY

Pizza / Bingo

March 5th and 19th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

B4 you arrive we will have ordered the pizza!

Self-Care Night

March 12th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Join us for a spa night.

THURSDAY

Baking Club

March 6th and 20th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Come bake some delicious sweet treats and enjoy with your friends!

Cooking Club

March 13th and 27th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Make a meal with all your friends!

FRIDAY

Benton Friday Fun March 7th and 21st All Ages

Location: Presbyterian Church, Vinton Time: 5:00 - 9:00 pm No Program Fee

Join us for activities, crafts, and fun with friends.

Young Adult Social Club March 7th and 21st Ages: 18+

Location: The Arc Building **Time:** 6:00 - 9:00 pm **Bring money for Dinner**

Friends come one, come all! Join us for an evening out to eat and socialize!

Then come back to The Arc for some fun games and activities.

Location of restaurant will be selected on a later date.

Friday Flix March 14th Ages: 8 & up

Location: The Arc Building **Time:** 6:00 - 9:00 pm **No Program Fee**

Let's put it to a vote! Choose from a variety of movies, sit back with popcorn and enjoy the show!

SATURDAY

Saturday Recess March 8th Ages: 5 - 12

Location: The Arc Building **Time:** 9:00 am - 3:00 pm **No Program Fee**

Let's have fun with crafts, games, & field trips.

Relaxin' March 22nd Ages: 13+

Location: The Arc Building Time: 9:00 am - 3:00 pm No Program Fee

Let's have fun with crafts, games, & field trips.

Registration

Registration is open the 1st through the 10th of each month for the following month's activities. Contact your SSC or ArcGroups@arceci.org, to sign up.

By mid-month The Arc will send a list of your selected activities indicating which are confirmed and which are waitlisted.

Activity Fees

The monthly brochure of activities will indicate if there is a required activity fee. All participants will be invoiced the following month for applicable activity fees. These fees are not covered by waiver funding. Activity fees and any program fees must be paid by the due date on the invoice.

Program Fees

Waiver Funding: Program hours are funded through your allocated waiver respite units approved at your annual meeting.

Non-Waiver Funding: Private Pay rate is \$3.65 per 15-minute unit and will be invoiced the following month along with any applicable activity fees.

Cancellation Policy and No Show/Late Cancellation Fees

A \$5.00 late cancellation fee and any applicable activity fee will be charged if cancellations are not made at least 24 hours in advance for weekday activities or by Thursday at 4:30 PM for weekend activities.

Anyone who "no shows" to an activity will also be charged a \$5.00 late cancellation fee and any applicable activity fee for that group.

For cancellations during business hours (Monday - Friday 9:00 AM - 3:30 PM) call The Arc at (319) 365-0487 or email ArcGroups@arceci.org. For after hour cancellations call the group respite phone at (319) 329-3743.