

680 2nd Street SE Cedar Rapids, IA 52401

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Group Respite Activities

February 2025

Please respond by the 10th of January to ensure the individual is put on the first waiting list for the selection process. If you have any questions, please contact your Arc Coordinator or ArcGroups@arceci.org. Participants are expected to be in attendance the entire time length of the group respite.

Special thanks goes out to Diamond V for a grant that is allowing us to waive some of our group respite programs fees!

• • • Daylong and Overnight Groups • • •

Karaoke Overnight

2/1 @ 6:00 pm - 2/2 @ 4:00 pm 88 units - No Fee

Location: The Arc Building
Ages: 21+

Come enjoy spending time with friends and go out to eat and Karaoke with friends. Please bring money for your meal and gratuity.

Benton County - Daylong

2/1 @ 9:00 am - 5:00 pm 32 units - No Fee

Location: Vinton Presbyterian Church

Ages: 5 & up
Enjoy a day full of friends, games,
and fun!

Valentines Baking Fun

2/9 @ 9:00 am - 5:00 pm 32 units - \$5.00

Location: The Arc Building Ages: 5 & up

Enjoy making Valentines treats with friends from The Arc.

Valentines Party

2/14 @ 6:00 pm - 2/15 @ 4:00 pm 88 units - \$5.00

Location: The Arc Building
Ages: 8+

Come join your friends and enjoy a Valentines Day party, crafts, and baking.

February \$1000

Tie Dye and Craft Fun

2/23 @ 9:00 am - 5:00 pm 32 units - \$7.00

Location: The Arc Building
Ages: 5 & up

Join your friends at The Arc and do crafts and tie dye shirts.

• • • Groups • • •

MONDAY

Bowling

February 3rd, 10th, 17th and 24th

Location: Lancer Lanes

Time: 6:00 - 8:00 pm

Program Fee: \$9.00

Ages: 10 & up

Rock -n- Roll..... Let's Bowl!

TUESDAY

Rec Night

February 4th and 18th

Ages: 5 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Come enjoy a night with your friends full of games and activities!

Jammin'

February 11th and 25th

Ages: 5 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Show off your singing and playing talents with Karaoke and instruments!

WEDNESDAY

Pizza / Bingo

February 5th and 19th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

B4 you arrive we will have ordered the pizza!

Self Care Night

February 12th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Join us for a spa night.

THURSDAY

Baking Club

February 6th and 20th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Come bake some delicious sweet treats and enjoy them with your friends!

Cooking Club

February 13th and 27th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Make a meal with all your friends!

FRIDAY

Benton Friday Fun February 7th and 21st All Ages

Location: Presbyterian Church, Vinton Time: 5:00 - 9:00 pm No Program Fee

Join us for activities, crafts, and fun with friends.

Friday Flix February 21st Ages: 8 & up

Location: The Arc Building **Time:** 6:00 - 9:00 pm **No Program Fee**

Let's put it to a vote! Choose from a variety of movies, sit back with popcorn and enjoy the show!

Young Adult Social Club February 28th Ages: 18+

Location: The Arc Building **Time:** 6:00 - 9:00 pm **Bring money for Dinner**

Friends come one, come all! Join us for an evening out to eat and socialize!

Then come back to The Arc for some fun games and activities.

Location of restaurant will be selected on a later date.

SATURDAY

Saturday Recess February 8th Ages: 5 - 12

Location: The Arc Building **Time:** 9:00 am - 3:00 pm **No Program Fee**

Let's have fun with crafts, games, & field trips.

Relaxin' February 22nd Ages: 13+

Location: The Arc Building **Time:** 9:00 am - 3:00 pm **No Program Fee**

Let's have fun with crafts, games, & field trips.

Registration

Registration is open the 1st through the 10th of each month for the following month's activities. Contact your SSC or ArcGroups@arceci.org, to sign up.

By mid-month The Arc will send a list of your selected activities indicating which are confirmed and which are waitlisted.

Activity Fees

The monthly brochure of activities will indicate if there is a required activity fee. All participants will be invoiced the following month for applicable activity fees. These fees are not covered by waiver funding. Activity fees and any program fees must be paid by the due date on the invoice.

Program Fees

Waiver Funding: Program hours are funded through your allocated waiver respite units approved at your annual meeting.

Non-Waiver Funding: Private Pay rate is \$3.65 per 15-minute unit and will be invoiced the following month along with any applicable activity fees.

Cancellation Policy and No Show/Late Cancellation Fees

A \$5.00 late cancellation fee and any applicable activity fee will be charged if cancellations are not made at least 24 hours in advance for weekday activities or by Thursday at 4:30 PM for weekend activities.

Anyone who "no shows" to an activity will also be charged a \$5.00 late cancellation fee and any applicable activity fee for that group.

For cancellations during business hours (Monday - Friday 9:00 AM - 3:30 PM) call The Arc at (319) 365-0487 or email <a href="https://doi.org/10.2016/nc.2016/n