

Cedar Rapids, IA 52401 T 319-365-0487

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Group Respite Activities

January 2025

Please respond by the 10th of December to ensure the individual is put on the first waiting list for the selection process. If you have any questions, please contact your Arc Coordinator or ArcGroups@arceci.org. Participants are expected to be in attendance the entire time length of the group respite.

Special thanks goes out to Diamond V for a grant that is allowing us to waive some of our group respite programs fees!

• • • Daylong and Overnight Groups • • •

Potters' Obsession

1/5 @ 9:00 am - 5:00 pm 32 units - \$20.00

Location: The Arc Building
Ages: 8 & up
Enjoy a day with friends and going to
The Potters' Obsession.

21 Plus Overnight

1/11 @ 6:00 pm - 1/12 @ 4:00 pm 88 units - No Fee

Location: The Arc Building
Ages: 21+

Come enjoy spending time with friends and go out to eat with friends. Please bring money for your meal and gratuity.

Children's Museum

1/19 @ 9:00 am - 5:00 pm 32 units - No Fee

Location: The Arc Building
Ages: 5 & up
Enjoy a day of going to the Children's

Museum.

Benton County - Daylong

1/18 @ 9:00 am - 5:00 pm 32 units - No Fee

Location: Vinton Presbyterian Church

Ages: 5 & up

Enjoy a day full of friends, games, and fun!

Roughriders

1/25 @ 6:00 pm - 1/26 @ 4:00 pm 88 units - \$20.00

Location: The Arc Building

Ages: 16+

Come join your friends and go to a Roughriders game!

• • • Groups • • •

MONDAY

Bowling

January 6th, 13th, 20th and 27th

Location: Lancer Lanes

Ages: 10 & up

Time: 6:00 - 8:00 pm

Program Fee: \$9.00

Rock -n- Roll..... Let's Bowl!

TUESDAY

Rec Night

January 7th and 21st

Ages: 5 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Come enjoy a night with your friends full of games and activities!

Jammin'

January 14th and 28th

Ages: 5 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Show off your singing and playing talents with Karaoke and instruments!

WEDNESDAY

Pizza / Bingo

January 8th and 22nd

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

B4 you arrive we will have ordered the pizza!

Self Care Night

January 15th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Join us for a spa night.

THURSDAY

Baking Club

January 9th and 23rd

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Come bake some delicious sweet treats and enjoy with your friends!

Cooking Club

January 2nd, 16th and 30th

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Make a meal with all your friends!

FRIDAY

Benton Friday Fun January 10th and 24th All Ages

Location: Presbyterian Church, Vinton Time: 5:00 - 9:00 pm No Program Fee

Join us for activities, crafts, and fun with friends.

Young Adult Social Club January 3rd, 17th and 31st Ages: 18+

Location: The Arc Building Time: 6:00 - 9:00 pm Bring money for Dinner

Friends come one, come all! Join us for an evening out to eat and socialize!

Then come back to The Arc for some fun games and activities.

Location of restaurant will be selected on a later date.

Friday Flix January 10th and 24th Ages: 8 & up

Location: The Arc Building **Time:** 6:00 - 9:00 pm **No Program Fee**

Let's put it to a vote! Choose from a variety of movies, sit back with popcorn and enjoy the show!

SATURDAY

Saturday Recess January 4th Ages: 5 - 12

Location: The Arc Building **Time:** 9:00 am - 3:00 pm **No Program Fee**

Let's have fun with crafts, games, & field trips.

Relaxin' January 18th Ages: 13+

Location: The Arc Building **Time:** 9:00 am - 3:00 pm **No Program Fee**

Let's have fun with crafts, games, & field trips.

Registration

Registration is open the 1st through the 10th of each month for the following month's activities. Contact your SSC or ArcGroups@arceci.org, to sign up.

By mid-month The Arc will send a list of your selected activities indicating which are confirmed and which are waitlisted.

Activity Fees

The monthly brochure of activities will indicate if there is a required activity fee. All participants will be invoiced the following month for applicable activity fees. These fees are not covered by waiver funding. Activity fees and any program fees must be paid by the due date on the invoice.

Program Fees

Waiver Funding: Program hours are funded through your allocated waiver respite units approved at your annual meeting.

Non-Waiver Funding: Private Pay rate is \$3.65 per 15-minute unit and will be invoiced the following month along with any applicable activity fees.

Cancellation Policy and No Show/Late Cancellation Fees

A \$5.00 late cancellation fee and any applicable activity fee will be charged if cancellations are not made at least 24 hours in advance for weekday activities or by Thursday at 4:30 PM for weekend activities.

Anyone who "no shows" to an activity will also be charged a \$5.00 late cancellation fee and any applicable activity fee for that group.

For cancellations during business hours (Monday - Friday 9:00 AM - 3:30 PM) call The Arc at (319) 365-0487 or email ArcGroups@arceci.org. For after hour cancellations call the group respite phone at (319) 329-3743.