

680 2<sup>nd</sup> Street SE Cedar Rapids, IA 52401

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# **Group Respite Activities**

#### November 2024

Please respond by the 10th of October to ensure the individual is put on the first waiting list for the selection process. If you have any questions, please contact your Arc Coordinator or ArcGroups@arceci.org. Participants are expected to be in attendance the entire time length of the group respite.

> Special thanks goes out to Diamond V for a grant that is allowing us to waive some of our group respite programs fees!

# • • • Daylong and Overnight Groups • • •

#### **Roughriders Overnight**

11/2 @ 6:00 pm - 11/3 @ 4:00 pm 88 units - \$18.00

Location: The Arc Building Ages: 21+

Come enjoy spending time with friends and go to a hockey game!



#### Children's Museum

11/10 @ 9:00 am - 5:00 pm 32 units - No Fee

Location: The Arc Building Ages: 5 & up Enjoy a day of going to the Children's Museum.

#### **Baking Fun**

11/17 @ 9:00 am - 4:00 pm 32 units - \$5.00

Location: The Arc Building Ages: 5 & up

Enjoy a day of baking and games with friends from The Arc.

#### **Benton County - Daylong**

11/16 @ 9:00 am - 5:00 pm 32 units - No Fee

Location: Vinton Presbyterian Church

Ages: 5 & up Enjoy a day full of friends, games, and fun!

#### Friendsgiving Fun

11/23 @ 6:00 pm - 11/24 @ 4:00 pm 88 units - No Fee

> Location: The Arc Building **Ages:** 16+

Come join your friends. Bring money to eat out with your friends.

# • • • Groups • • •

## **MONDAY**

Bowling November 4th, 11th, 18th and 25th Ages: 10 & up

**Location:** Lancer Lanes **Time:** 6:00 - 8:00 pm **Program Fee:** \$9.00

Rock -n- Roll..... Let's Bowl!

## **TUESDAY**

Rec Night November 5th and 19th Ages: 5 & up

**Location:** The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee** 

Come enjoy a night with your friends full of games and activities!

Jammin' November 12th and 26th Ages: 5 & up

**Location:** The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee** 

Show off your singing and playing talents with Karaoke and instruments!

#### **WEDNESDAY**

Pizza / Bingo November 6th and 20th Ages: 12 & up

**Location:** The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee** 

B4 you arrive we will have ordered the pizza!

Spa Night November 13th Ages: 12 & up

Location: The Arc Building Time: 6:00 - 8:00 pm No Program Fee

Join us for a spa night.

### **THURSDAY**

Baking Club November 7th and 21st Ages: 12 & up

**Location:** The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee** 

Come bake some delicious sweet treats and enjoy with your friends!

Cooking Club November 14th Ages: 12 & up

**Location:** The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee** 

Make a meal with all your friends!

**FRIDAY** 

Benton Friday Fun November 1st and 15th All Ages

Location: Presbyterian Church, Vinton Time: 5:00 - 9:00 pm No Program Fee

Join us for activities, crafts, and fun with friends.

Young Adult Social Club November 1st and 15th Ages: 18+

**Location:** The Arc Building **Time:** 6:00 - 9:00 pm **Bring money for Dinner** 

Friends come one, come all! Join us for an evening out to eat and socialize!

Then come back to The Arc for some fun games and activities.

Location of restaurant will be selected on a later date.

Friday Flix November 8th and 22nd Ages: 8 & up

**Location:** The Arc Building **Time:** 6:00 - 9:00 pm **No Program Fee** 

Let's put it to a vote! Choose from a variety of movies, sit back with popcorn and enjoy the show!

SATURDAY

Relaxin' November 9th Ages: 13+

Location: The Arc Building Time: 9:00 am - 3:00 pm No Program Fee

Let's have fun with crafts, games, & field trips.

Saturday Recess November 16th Ages: 5 - 12

**Location:** The Arc Building **Time:** 9:00 am - 3:00 pm **No Program Fee** 

Let's have fun with crafts, games, & field trips.

## Registration

Registration is open the 1st through the 10th of each month for the following month's activities. Contact your SSC or <a href="mailto:ArcGroups@arceci.org">ArcGroups@arceci.org</a>, to sign up.

By mid-month The Arc will send a list of your selected activities indicating which are confirmed and which are waitlisted.

# **Activity Fees**

The monthly brochure of activities will indicate if there is a required activity fee. All participants will be invoiced the following month for applicable activity fees. These fees are not covered by waiver funding. Activity fees and any program fees must be paid by the due date on the invoice.

## **Program Fees**

Waiver Funding: Program hours are funded through your allocated waiver respite units approved at your annual meeting.

Non-Waiver Funding: Private Pay rate is \$3.65 per 15-minute unit and will be invoiced the following month along with any applicable activity fees.

## **Cancellation Policy and No Show/Late Cancellation Fees**

A \$5.00 late cancellation fee and any applicable activity fee will be charged if cancellations are not made at least 24 hours in advance for weekday activities or by Thursday at 4:30 PM for weekend activities.

Anyone who "no shows" to an activity will also be charged a \$5.00 late cancellation fee and any applicable activity fee for that group.

For cancellations during business hours (Monday - Friday 9:00 AM - 3:30 PM) call The Arc at (319) 365-0487 or email <a href="https://doi.org/10.2016/nc.2016/n