

The Arc of East Central Iowa 680 2nd Street SE Cedar Rapids, IA 52401

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Group Respite Activities

September 2024

Please respond by the 10th of August to ensure the individual is put on the first waiting list for the selection process. If you have any questions, please contact your Arc Coordinator or <u>ArcGroups@arceci.org</u>. Participants are expected to be in attendance the entire time length of the group respite.

Special thanks goes out to Diamond V for a grant that is allowing us to waive some of our group respite programs fees!

••• Da	ylong and Overnight Grou	ips•••
21+ Overnight 9/7 @ 6:00 pm - 9/8 @ 4:00 pm 88 units - No Fee Location: The Arc Building Ages: 21+ Come enjoy spending time with friends and going out to eat with your friends from The Arc! Please remember to being money to go out to eat.	SEPTEMBER	Old MacDonald's Farm 9/15 @ 9:00 am - 5:00 pm 32 units - No Fee Location: The Arc Building Ages: 5+ Let's go to Old MacDonald's Farm with your friends from The Arc!
Karoke and Games	Benton County - Daylong	Allen's Orchard
9/22 @ 9:00 am - 5:00 pm 32 units - No Fee	9/21 @ 9:00 am - 5:00 pm 32 units - No Fee	9/28 @ 6:00 pm - 9/29 @ 4:00 pm 88 units - \$6.00
Location: The Arc Building Ages: 15 & up Enjoy a day full of friends, games, and fun!	Location: Vinton Presbyterian Church Ages: 5 & up Enjoy a day full of friends, games, and fun!	Location: The Arc Building Ages: 10 & up Come join your friends at The Arc and go to the Apple orchard.

	••• Groups •••			
MONDAY				
Bowling	September 9th, 16th, 23rd and 30th	Ages: 10 & up		
Location: Lancer Lanes	Time: 6:00 - 8:00 pm	Program Fee: \$9.00		
	Rock -n- Roll Let's Bowl!			
	TUESDAY			
Jammin'	September 3rd and 17th	Ages: 5 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
Show off your	singing and playing talents with Karaoke and i	nstruments!		
Rec Night	September 10th and 24th	Ages: 5 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
Come enjo	y a night with your friends full of games and a	ctivities!		
	WEDNESDAY			
Pizza / Bingo	September 4th and 18th	Ages: 12 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
	34 you arrive we will have ordered the pizza!			
etty and Pampered and Comics	September 11th	Ages : 12 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
Join	us and lets pamper you and talk about comics	5.		
	THURSDAY			
Cooking Club	September 5th and 19th	Ages: 12 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
	Make a meal with all your friends!			
Benton Thursday Fun	September 19th	All Ages		
.ocation: Presbyterian Church, Vinton	Time: 5:00 - 9:00 pm	No Program Fee		
	in us for activities, crafts, and fun with friends.			
Baking Club	September 12th and 26th	Ages: 12 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
Come bake s	some delicious sweet treats and enjoy with you	ur friends!		

	FRIDAY	
Young Adult Social Club	September 6th and 20th	Ages: 18+
Location: The Arc Building	Time: 6:00 - 9:00 pm	Bring money for Dinner
Then come	, come all! Join us for an evening out to back to The Arc for some fun games an n of restaurant will be selected on a late	d activities.
Benton Friday Fun	September 6th	All Ages
ocation: Presbyterian Church, Vinton	Time: 5:00 - 9:00 pm	No Program Fee
Join	us for activities, crafts, and fun with frier	nds.
Friday Flix	September 13th and 27th	Ages: 8 & up
Location: The Arc Building	Time: 6:00 - 9:00 pm	No Program Fee
Let's put it to a vote! Choose	from a variety of movies, sit back with p	popcorn and enjoy the show!
	SATURDAY	
Saturday Recess	September 14th	Ages: 5 - 12
Location: The Arc Building	Time: 9:00 am - 3:00 pm	No Program Fee
Let	's have fun with crafts, games, & field tri	ps.
Relaxin'	September 21st	Ages: 13+
Location: The Arc Building	Time: 9:00 am - 3:00 pm	No Program Fee
Let	's have fun with crafts, games, & field tri	'DS.

Registration

Registration is open the 1st through the 10th of each month for the following month's activities. Contact your SSC or <u>ArcGroups@arceci.org</u>, to sign up.

By mid-month The Arc will send a list of your selected activities indicating which are confirmed and which are waitlisted.

Activity Fees

The monthly brochure of activities will indicate if there is a required activity fee. All participants will be invoiced the following month for applicable activity fees. <u>These fees are not covered by waiver funding</u>. Activity fees and any program fees must be paid by the due date on the invoice.

Program Fees

Waiver Funding: Program hours are funded through your allocated waiver respite units approved at your annual meeting.

Non-Waiver Funding: Private Pay rate is \$3.65 per 15-minute unit and will be invoiced the following month along with any applicable activity fees.

Cancellation Policy and No Show/Late Cancellation Fees

A \$5.00 late cancellation fee and any applicable activity fee will be charged if cancellations are not made at least 24 hours in advance for weekday activities or by Thursday at 4:30 PM for weekend activities.

Anyone who "no shows" to an activity will also be charged a \$5.00 late cancellation fee and any applicable activity fee for that group.

For cancellations during business hours (Monday - Friday 9:00 AM - 3:30 PM) call The Arc at (319) 365-0487 or email <u>ArcGroups@arceci.org</u>. For after hour cancellations call the group respite phone at (319) 329-3743.