

The Arc of East Central Iowa 680 2<sup>nd</sup> Street SE Cedar Rapids, IA 52401

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## **Group Respite Activities**

### October 2024

Please respond by the 10th of September to ensure the individual is put on the first waiting list for the selection process. If you have any questions, please contact your Arc Coordinator or <u>ArcGroups@arceci.org</u>. Participants are expected to be in attendance the entire time length of the group respite.

#### Special thanks goes out to Diamond V for a grant that is allowing us to waive some of our group respite programs fees!

Bowling Overnight	Fall Fun	Movie and Snack Day		
10/5 @ 6:00 pm - 10/6 @ 4:00 pm 88 units - \$8.00	10/13 @ 9:00 am - 5:00 pm 32 units - No Fee	10/20 @ 9:00 am - 5:00 pm 32 units - No Fee		
Location: The Arc Building Ages: 21+ Come enjoy spending time with friends and go bowling.	<b>Location:</b> The Arc Building <b>Ages:</b> 15 & up Enjoy a day full of friends, games, and fun!	<b>Location:</b> The Arc Building <b>Ages:</b> 10 & up Enjoy a day full of friends, watch Halloween movies and snacks.		
Halloween Fun Day	Benton County - Daylong	Bass Farms Overnight		
10/26 @ 1:00 pm - 4:00 pm 16 units - \$5.00	10/26th @ 9:00 am - 5:00 pm 32 units - No Fee	10/26 @ 6:00 pm - 10/27 @ 4:00 pm 88 units - \$9.00		
Location: The Arc Building Ages: 5 & up Enjoy a half day with your Arc friends. *Priority goes to quarterly usage users.	Location: Vinton Presbyterian Church Ages: 5 & up Enjoy a day full of friends, games, and fun!	Location: The Arc Building Ages: 21 & up Come join your friends and go to Bass Farms. Bring extra money if you want to buy food or a pumpkin.		

# Achieve with us.

••• Groups •••				
MONDAY				
Bowling	October 7th, 14th, 21st and 28th	Ages: 10 & up		
Location: Lancer Lanes	<b>Time:</b> 6:00 - 8:00 pm	Program Fee: \$9.00		
	Rock -n- Roll Let's Bowl!			
	TUESDAY			
Jammin'	October 1st, 15th and 29th	Ages: 5 & up		
Location: The Arc Building	<b>Time:</b> 6:00 - 8:00 pm	No Program Fee		
Show off your	singing and playing talents with Karaoke and	instruments!		
Rec Night	October 8th and 22nd	Ages: 5 & up		
Location: The Arc Building	<b>Time:</b> 6:00 - 8:00 pm	No Program Fee		
Come enjo	by a night with your friends full of games and a	activities!		
	WEDNESDAY			
Pizza / Bingo	October 2nd, 16th and 30th	Ages: 12 & up		
Location: The Arc Building	<b>Time:</b> 6:00 - 8:00 pm	No Program Fee		
I	34 you arrive we will have ordered the pizza!			
Pretty and Pampered	October 9th	Ages: 12 & up		
Location: The Arc Building	<b>Time:</b> 6:00 - 8:00 pm	No Program Fee		
	Join us and let's pamper you.			
	THURSDAY			
Cooking Club	October 3rd, 17th and 31st	Ages: 12 & up		
Location: The Arc Building	<b>Time:</b> 6:00 - 8:00 pm	No Program Fee		
	Make a meal with all your friends!			
Baking Club	October 10th and 24th	Ages: 12 & up		
Location: The Arc Building	<b>Time:</b> 6:00 - 8:00 pm	No Program Fee		
	some delicious sweet treats and enjoy with yo	• · · ·		

	FRIDAY	
Benton Friday Fun	October 11th and 18th	All Ages
Location: Presbyterian Church, Vinton	<b>Time:</b> 5:00 - 9:00 pm	No Program Fee
Join	us for activities, crafts, and fun with frier	nds.
Young Adult Social Club	October 4th and 18th	<b>Ages:</b> 18+
Location: The Arc Building	<b>Time:</b> 6:00 - 9:00 pm	Bring money for Dinner
Then come	come all! Join us for an evening out to back to The Arc for some fun games an n of restaurant will be selected on a late	d activities.
Friday Flix	October 11th and 25th	Ages: 8 & up
Location: The Arc Building	<b>Time:</b> 6:00 - 9:00 pm	No Program Fee
Let's put it to a vote! Choose	from a variety of movies, sit back with p	opcorn and enjoy the show!
	SATURDAY	
Relaxin'	October 12th	<b>Ages:</b> 13+
Location: The Arc Building	Time: 9:00 am - 3:00 pm	No Program Fee
Let	s have fun with crafts, games, & field tri	DS.
Saturday Recess	October 19th	<b>Ages:</b> 5 - 12
Location: The Arc Building	Time: 9:00 am - 3:00 pm	No Program Fee
Leť	s have fun with crafts, games, & field tri	DS.

#### Registration

Registration is open the 1st through the 10th of each month for the following month's activities. Contact your SSC or <u>ArcGroups@arceci.org</u>, to sign up.

By mid-month The Arc will send a list of your selected activities indicating which are confirmed and which are waitlisted.

#### **Activity Fees**

The monthly brochure of activities will indicate if there is a required activity fee. All participants will be invoiced the following month for applicable activity fees. <u>These fees are not covered by waiver funding</u>. Activity fees and any program fees must be paid by the due date on the invoice.

#### **Program Fees**

Waiver Funding: Program hours are funded through your allocated waiver respite units approved at your annual meeting.

Non-Waiver Funding: Private Pay rate is \$3.65 per 15-minute unit and will be invoiced the following month along with any applicable activity fees.

#### **Cancellation Policy and No Show/Late Cancellation Fees**

A \$5.00 late cancellation fee and any applicable activity fee will be charged if cancellations are not made at least 24 hours in advance for weekday activities or by Thursday at 4:30 PM for weekend activities.

Anyone who "no shows" to an activity will also be charged a \$5.00 late cancellation fee and any applicable activity fee for that group.

For cancellations during business hours (Monday - Friday 9:00 AM - 3:30 PM) call The Arc at (319) 365-0487 or email <u>ArcGroups@arceci.org</u>. For after hour cancellations call the group respite phone at (319) 329-3743.