

Get Involved

Membership

Become a part of The Arc of East Central Iowa and advocate to protect the rights of people with I/DD by ensuring that sufficient resources are available to meet their needs in every community. Your membership strengthens The Arc's voice in addressing national, state, and local level policy issues that impact people with I/DD.



Volunteer

If you have a desire to share a skill, demonstrate your commitment to individuals with disabilities, or to learn something new, we need you. The Arc depends on volunteers to help staff events, provide clerical support, and to assist in providing services. To learn more call The Arc today!



Donate

The time is now to *Achieve with us*. When you support The Arc of East Central Iowa either through a general donation, a membership, or a special gift, you will support programs, services, and advocacy that in turn help build better lives for individuals with I/DD, their families, and our community.



Our Mission

The Arc of East Central Iowa empowers individuals with disabilities and their families to engage in lifelong opportunities to live, learn, work, play, and advocate with full dignity and inclusion in their communities.

Come work for The Arc!

We are always looking for caring individuals who want to help make a difference in the lives of those with disabilities. We have flexible hours and the opportunity to work in various settings with a variety of ages and you can participate in an assortment of activities.

Apply online today at www.arceci.org!



The Arc

East Central Iowa

680 2nd Street SE
Cedar Rapids, IA 52401

If you have questions or are interested in The Arc in any way please contact

The Arc of East Central Iowa
at 319-365-0487 or
ContactUs@arceci.org.

www.arceci.org



The Arc

East Central Iowa

Supporting individuals
with disabilities and
their families since 1953.



Our Vision...

A world where everyone belongs.

HABILITATION SERVICES

Home-based habilitation consists of person centered services and support that assists individuals with co-occurring intellectual and developmental disabilities (I/DD) and a mental health diagnosis to remain living independently in integrated community settings. Services and Supports include assistance with daily living skills, communication, and maintaining physical and mental health.

INTEGRATED HEALTH HOMES (IHH)

Integrated Health Home Program (IHH) works with participants between the ages of five through adulthood who have been diagnosed with a Serious Emotional Disorder (SED) or Serious Mental Illness (SMI). IHH care coordination connects you with a comprehensive care team to improve and stabilize your mental and physical health. The team consists of Peer Supports, Care Coordinators, and Registered Nurses.

RESPITE

Respite Care is a service that provides temporary relief to caregivers while ensuring their loved one's needs are met by our experienced and trusted staff. Respite can take place in the home or in the community.

SUPPORTED COMMUNITY LIVING (SCL)

The Arc supports individuals with I/DD in their desire to be more independent and active in their community. SCL is a service can be provided in the home or community, and focuses on safety, housekeeping, finances, communication, employment, socialization, transportation and wellness. The skill training is based on the individual's care plan and goals.

DAY HABILITATION

The Day Habilitation program serves adults with I/DD. It is based in the community and primarily uses the city bus for transportation to and from activities. Each participant is supported in developing and/or maintaining life skills, and in participating meaningfully in the community. Individuals participate in choosing activities and assist in the planning process.

PROJECT SEARCH

This program partners with UnityPoint Health - St. Luke's Hospital and Iowa Vocational Rehabilitation Services to provide a nine month vocational training program that uses a combination of classroom instruction coupled with workplace internships to prepare individuals for competitive employment. Project SEARCH serves young adults (ages 18-30) who have graduated from high school or the equivalent and seek community employment.

SUPPORTED EMPLOYMENT

Supported Employment services assist individuals in obtaining and maintaining community employment opportunities based on their desires and abilities. Our staff use a strengths-based and person-centered approach to support individuals throughout the job placement and implementation process.

FAMILY RESOURCE GUIDE

Information, resources, and tools to support individuals diagnosed with a disability, caregivers, and community members.

To access your free electronic guide visit the web address or utilize the QR code.

<https://arceci.org/family-resource-guide/>



DAYCARE/ENRICHMENT PROGRAM

This program provides a fun, safe, and structured environment for your loved one. We offer a variety of daily recreational activities emphasizing social and interpersonal opportunities with a commitment to community inclusion. The Arc provides two options for this program:

- Daycare (Ages 5-21)
- Adult Enrichment (Ages 18+)

GROUP RESPITE

Respite services are provided in group settings where activities are offered that are age appropriate and promote social skills in a fun and safe environment.

About The Arc

Since our inception in 1953, The Arc of East Central Iowa has worked closely with families in the community. The founders began by talking to families to learn about their loved ones with disabilities and how to care for them in their home and not in an institution. The Arc continues to carry the torch of our founders, by listening to those we serve and striving to meet their needs.

We are committed to helping individuals achieve their life goals and become productive members of the community by creating opportunities for inclusion. We are changing public attitudes and fostering respect, access, and inclusion.

Achieve with us.®