

Why is The Arc of East Central Iowa such a vital resource for so many families?

WE ACCEPT

The Arc recognizes every person's right to be treated with dignity and respect and we celebrate everyone's unique personalities and talents. We are a safe and welcoming place for everyone.

WE EMPOWER

The Arc offers critical skill-building services to foster independence and self-advocacy for individuals with an intellectual, developmental and/or mental health disability. We want to see everyone thrive!

WE ADVOCATE

We envision a world where everyone belongs. We advocate to eliminate systemic barriers by ensuring the voices of individuals with disabilities and their families are heard. Individuals with disabilities deserve quality education, vocational, social, and living opportunities provided in an integrated and diverse community.

WE CELEBRATE

We celebrate everyone's abilities. We provide space for participants to thrive and for families to feel supported. The Arc's social activities and gatherings are an important and vital part of our community life. We take care of each other and we have FUN!

Waiver

In consideration of being permitted to participate in this event, by registering I hereby for myself, my heirs, and personal representatives assume any and all risks which might be associated with the event. I further waive, release, discharge, and covenant not to sue The Arc of East Central Iowa, its officers, employees, sponsors, organizers, volunteers, or other representatives, or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered as a result of taking part in the event and/or any related activities. I also agree to the use of any photo, film, or videotape of the event for any purpose.

Non-Profit
Organization
U.S. Postage
PAID
Cedar Rapids, IA
Permit No. 313



*For people with intellectual
and developmental disabilities*

The Arc of East Central Iowa
680 2nd Street SE
Cedar Rapids, IA 52401



Saturday, April 6th, 2024 | 8:00 AM Activities Begin
Lindale Mall | 9:30 AM Walk Starts

Walk with us!



27th Annual Arc March

Saturday, April 6th, 2024
Lindale Mall
8:00 - 10:00 AM

... Presenting Sponsor ...



Celebrating the abilities in all of us!



*Walking for
those with
disabilities.*



27th Annual Arc March

The Arc is the resource of choice for people with intellectual and developmental disabilities and their families regardless of the diagnosis and at all stages of life.

We are walking once again in support of our Arc participants and their families. Our 1st goal is to raise \$42,000 to help bridge funding gaps in our programs and services. Our 2nd goal is to fill Lindale Mall with enthusiastic friends and supporters as we continue to raise awareness about intellectual and developmental disabilities. Invite your friends, family and co-workers to walk with you.

There will be prizes* for the top three fundraisers and anyone who raises over \$1,000. Start your fundraising now and track your progress and that of your competition.

... Our Mission ...

The Arc of East Central Iowa empowers individuals with disabilities and their families to engage in lifelong opportunities to live, learn, work, play, and advocate with full dignity and inclusion in their communities.

**Saturday, April 6th, 2024
Lindale Mall**

8:00 AM Activities Begin
9:30 AM Walk Starts

*Prize winners will be based on data entered online as of 9:00 AM, CST on Saturday, April 6th.



Celebrating the abilities in all of us!



Registration

Start your team now!

Go to www.arceci.org and click on the orange "Register Now" button to get started. Set up a fundraising page and email it to your family, friends, and coworkers to raise money and compete for prizes.

If you prefer not to register online, you can fill in the information below and mail this form to The Arc of East Central Iowa.

Name: _____

Email: _____

Phone: _____

Please indicate the number of t-shirts by size.

	XS	S	M	L	XL	2XL	3XL
Adult	NA						
Youth					... NA ...		

Youth sizes: XS (2/4), S (6/8), M (10/12), L (14/16)

In order to guarantee a t-shirt your registration must be received by **March 17th**. The registration fee for each youth participant is \$15.00 and the registration fee for each adult participant is \$20.00.

My company has a matching funds program.
Company Name: _____

I can not participate but please accept my tax deductible contribution.
\$ _____

For more information please contact:
Jenny Bosking at: 319-365-0487 ext. 1024
or email at: jbosking@arceci.org.

Please mail/deliver this form with registration fee(s) or donation to:

The Arc of East Central Iowa
680 2nd Street SE • Cedar Rapids, IA 52401
Checks payable to: The Arc of East Central Iowa
The Arc of East Central Iowa is a 501(c)(3) non-profit