

Cedar Rapids, IA 52401

T 319-365-0487 F 319-365-9938 www.arceci.org

# **Group Respite Activities**

### March 2024

Please respond by the 10th of February to ensure the individual is put on the first waiting list for the selection process. If you have any questions, please contact your Arc Coordinator or ArcGroups@arceci.org. Participants are expected to be in attendance the entire time length of the group respite.

> Special thanks goes out to Diamond V for a grant that is allowing us to waive some of our group respite programs fees!

## • • • Daylong and Overnight Groups • • •

#### **Mocktails and Crafts**

3/2 @ 6:00 pm - 3/3 @ 4:00 pm 88 units - No Fee

Location: The Arc Building Ages: 21+

Come enjoy spending time with friends making fun Mocktails and doing crafts at The Arc building.

#### St. Patrick's Fun

3/16 @ 6:00 pm - 3/17 @ 4:00 pm 88 units - No Fee

Location: The Arc Building Ages: 18+

Come to The Arc and do St. Partrick's crafts and baking and go to the SaPaDaPaSo parade on Sunday. (weather permitting)

#### Maple Syrup Festival

3/23 @ 9:00 am - 5:00 pm 32 units - \$12.00

**Location:** The Arc Building Ages: 15+

Come spend the day and go to the Maple Syrup Festival at Indian Creek

#### Children's Muesum

3/24 @ 9:00 am - 5:00 pm 32 units - No Fee

Location: The Arc Building

Come for fun and go to the Children's

Ages: 6+ Museum.



#### **Benton County - Daylong**

3/9 @ 9:00 am - 5:00 pm 32 units - No Fee

**Location:** Vinton Presbyterian Church

Ages: 5 & up

Enjoy a day full of friends, games

and fun!

# • • • Groups • • •

## **MONDAY**

**Bowling** 

March 4th, 11th, 18th, 25th

Location: Lancer Lanes

Time: 6:00 - 8:00 pm

**Ages:** 10 & up Program Fee: \$9.00

Rock -n- Roll..... Let's Bowl!

#### **TUESDAY**

Jammin'

March 5th and 19th

Ages: 5 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Show off your singing and playing talents with Karaoke and instruments!

**Rec Night** 

March 12th and 26th

Ages: 5 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Come enjoy a night with your friends full of games and activities!

#### WEDNESDAY

Pizza / Bingo

March 6th and 20th

Ages: 12 & up

Location: The Arc Building Time: 6:00 - 8:00 pm No Program Fee

B4 you arrive we will have ordered the pizza!

## **THURSDAY**

**Cooking Club** 

March 7th and 21st

Ages: 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Make a meal with all your friends!

**Baking Club** 

March 14th and 28th

**Ages:** 12 & up

Location: The Arc Building

Time: 6:00 - 8:00 pm

No Program Fee

Come bake some delicious sweet treats and enjoy with your friends!

**FRIDAY** 

Young Adult Social Club March 8th and 22nd Ages: 18+

**Location:** The Arc Building **Time:** 6:00 - 9:00 pm **Bring money for Dinner** 

Friends come one, come all! Join us for an evening out to eat and socialize!

Then come back to The Arc for some fun games and activities.

Location of restaurant will be selected on a later date.

Friday Flix March 1st, 15th and 29th Ages: 8 & up

**Location:** The Arc Building **Time:** 6:00 - 9:00 pm **No Program Fee** 

Let's put it to a vote! Choose from a variety of movies, sit back with popcorn and enjoy the show!

Benton Friday Fun March 8th and 22nd All Ages

Location: Presbyterian Church, Time: 5:00 - 9:00 pm No Program Fee

Vinton

Join us for activities, crafts, and fun with friends.

**SATURDAY** 

Saturday Recess March 9th Ages: 5 - 12

**Location:** The Arc Building **Time:** 9:00 am - 3:00 pm **No Program Fee** 

Let's have fun with crafts, games, & field trips.

Relaxin' March 30th Ages: 13+

**Location:** The Arc Building **Time:** 9:00 am - 3:00 pm **No Program Fee** 

Let's have fun with crafts, games, & field trips.

## Registration

Registration is open the 1st through the 10th of each month for the following month's activities. Contact your SSC or ArcGroups@arceci.org, to sign up.

By mid-month The Arc will send a list of your selected activities indicating which are confirmed and which are waitlisted.

## **Activity Fees**

The monthly brochure of activities will indicate if there is a required activity fee. All participants will be invoiced the following month for applicable activity fees. These fees are not covered by waiver funding. Activity fees and any program fees must be paid by the due date on the invoice.

## **Program Fees**

Waiver Funding: Program hours are funded through your allocated waiver respite units approved at your annual meeting.

Non-Waiver Funding: Private Pay rate is \$3.65 per 15-minute unit and will be invoiced the following month along with any applicable activity fees. Any non-waiver requiring 1:1 would be a rate of \$4.77 per unit.

### **Cancellation Policy and No Show/Late Cancellation Fees**

A \$5.00 late cancellation fee and any applicable activity fee will be charged if cancellations are not made at least 24 hours in advance for weekday activities or by Thursday at 4:30 PM for weekend activities.

Anyone who "no shows" to an activity will also be charged a \$5.00 late cancellation fee and any applicable activity fee for that group.

For cancellations during business hours (Monday - Friday 9:00 AM - 3:30 PM) call The Arc at (319) 365-0487 or email ArcGroups@arceci.org. For after hour cancellations call the group respite phone at (319) 560-4629.