

The Arc of East Central Iowa 680 2nd Street SE Cedar Rapids, IA 52401

T 319-365-0487 F 319-365-9938 www.arceci.org

Group Respite Activities

February 2024

Please respond by the 10th of January to ensure the individual is put on the first waiting list for the selection process. If you have any questions, please contact your Arc Coordinator or <u>ArcGroups@arceci.org</u>. Participants are expected to be in attendance the entire time length of the group respite.

Special thanks goes out to Diamond V for a grant that is allowing us to waive some of our group respite programs fees!

Valentines Bake Shop	The Arc at Lucky's	Comic and Toy Show	
2/4 @ 9:00 am - 5:00 pm 32 units - No Fee	2/7 @ 6:00 - 8:00 pm 8 units - No Fee Young Adult Social Club	2/10 @ 9:00 am - 5:00 pm 32 units - \$10.00	
Location: The Arc Building Ages: 16+ Come enjoy spending time with friends, and baking Valentine's goodies and making crafts.	Location: The Arc Building Ages: 18+ Come meet us at The Arc and then go to Lucky's for a night of Bingo. Bring money for supper.	Location: The Arc Building Ages: 10+ Come spend the day and go to the Comic and Toy Show!	
Bowling Daylong	Valentines Dance	Cooking and Canvas	
2/11 @ 9:00 am - 5:00 pm 32 units - \$8.00	2/16 @ 6:00 pm - 2/17 @ 4:00 pm 88 units - No Fee	2/24 @ 6:00 pm - 2/25 @ 4:00 pm 88 units - No Fee	
Location: The Arc Building Ages: 10+ Come join us for a day of bowling with friends. Also play games and do activities at The Arc.	Location: The Arc Building Ages: 16 + Come spend the night, attend the Valentine's Dance, and do crafts and bake Valentine's cookies.	Location: The Arc Building Ages: 18+ Come enjoy spending time with friends and make a 3 course meal and paint canvas art!	
	Benton County - Daylong 2/17 @ 9:00 am - 5:00 pm 32 units - No Fee Location: Vinton Presbyterian Church Ages: 5 & up Enjoy a day full of friends, games and fun!		

Achieve with us.

••• Groups •••				
MONDAY				
Bowling	February 5th, 12th, 19th and 26th	Ages: 10 & up		
Location: Lancer Lanes	Time: 6:00 - 8:00 pm	Program Fee: \$9.00		
	Rock -n- Roll Let's Bowl!			
	TUESDAY			
Jammin'	February 6th and 20th	Ages: 5 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
Show off you	r singing and playing talents with Karaoke and	instruments!		
Rec Night	February 13th and 27th	Ages: 5 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
Come enj	ioy a night with your friends full of games and a	activities!		
	WEDNESDAY			
Pizza / Bingo	February 14th and 28th	Ages: 12 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
	B4 you arrive we will have ordered the pizza!			
	THURSDAY			
Cooking Club	February 1st, 15th and 29th	Ages: 12 & up		
Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		
-	Make a meal with all your friends!			
D 11 D 1	February 8th and 22nd	Ages: 12 & up		
Baking Club				
Baking Club Location: The Arc Building	Time: 6:00 - 8:00 pm	No Program Fee		

	FRIDAY	
Young Adult Social Club	February 2nd	Ages: 18+
Location: The Arc Building	Time: 6:00 - 9:00 pm	Bring money for Dinner
Then come	come all! Join us for an evening out to back to The Arc for some fun games an n of restaurant will be selected on a late	d activities.
Friday Flix	February 9th and 23rd	Ages: 8 & up
Location: The Arc Building	Time: 6:00 - 9:00 pm	No Program Fee
Let's put it to a vote! Choose	from a variety of movies, sit back with p	popcorn and enjoy the show!
Benton Friday Fun	February 9th and 23rd	All Ages
Location: Presbyterian Church, Vinton	Time: 5:00 - 9:00 pm	No Program Fee
Join	us for activities, crafts, and fun with frier	nds.
	SATURDAY	
Saturday Recess	February 3rd	Ages: 5 - 12
Location: The Arc Building	Time: 9:00 am - 3:00 pm	No Program Fee
Let's	s have fun with crafts, games, & field tri	ps.
Relaxin'	February 24th	Ages: 13+
Location: The Arc Building	Time: 9:00 am - 3:00 pm	No Program Fee
Let	s have fun with crafts, games, & field tri	ps.

Registration

Registration is open the 1st through the 10th of each month for the following month's activities. Contact your SSC or <u>ArcGroups@arceci.org</u>, to sign up.

By mid-month The Arc will send a list of your selected activities indicating which are confirmed and which are waitlisted.

Activity Fees

The monthly brochure of activities will indicate if there is a required activity fee. All participants will be invoiced the following month for applicable activity fees. <u>These fees are not covered by waiver funding</u>. Activity fees and any program fees must be paid by the due date on the invoice.

Program Fees

Waiver Funding: Program hours are funded through your allocated waiver respite units approved at your annual meeting.

Non-Waiver Funding: Private Pay rate is \$3.65 per 15-minute unit and will be invoiced the following month along with any applicable activity fees. Any non-waiver requiring 1:1 would be a rate of \$4.77 per unit.

Cancellation Policy and No Show/Late Cancellation Fees

A \$5.00 late cancellation fee and any applicable activity fee will be charged if cancellations are not made at least 24 hours in advance for weekday activities or by Thursday at 4:30 PM for weekend activities.

Anyone who "no shows" to an activity will also be charged a \$5.00 late cancellation fee and any applicable activity fee for that group.

For cancellations during business hours (Monday - Friday 9:00 AM - 3:30 PM) call The Arc at (319) 365-0487 or email <u>ArcGroups@arceci.org</u>. For after hour cancellations call the group respite phone at (319) 560-4629.