

680 2nd Street SE Cedar Rapids, IA 52401

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Group Respite Activities

January 2024

Please respond by the 10th of December to ensure the individual is put on the first waiting list for the selection process. If you have any questions, please contact your Arc Coordinator or ArcGroups@arceci.org. Participants are expected to be in attendance the entire time length of the group respite.

Special thanks goes out to Diamond V for a grant that is allowing us to waive some of our group respite programs fees!

• • • Daylong and Overnight Groups • • •

May City Bowling

1/5 @ 6:00 pm - 1/6 @ 4:00 pm 88 units - \$8.00

Location: The Arc Building
Ages: 6+

Come spend the night and go Bowling

at May City!

Movie Madness & Sliders

1/7 @ 9:00 am - 5:00 pm 32 units - No Fee

Location: The Arc Building
Ages: 16+

Come enjoy spending time with friends, and watching a movie Marathon while making sliders and

dips.

Benton County - Daylong

1/13 @ 9:00 am - 5:00 pm 32 units - No Fee

Location: Vinton Presbyterian Church

Ages: 5 & up Enjoy a day full of friends, games

and fun!

Tacos and Games

1/14 @ 9:00 am - 5:00 pm 32 units - \$10.00

Location: The Arc Building
Ages: 21+

Come enjoy spending time with friends, and making Tacos and going to Quarter Barrel and playing games.



Roughriders

1/27 @ 6:00 pm - 1/28 @ 4:00 pm 88 units - \$20.00

Location: The Arc Building
Ages: 21+

Come enjoy spending time with friends, and going to a Hockey game!

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MONDAY

Bowling January 8th, 15th, 22nd and 29th Ages: 10 & up

Location: Lancer Lanes **Time:** 6:00 - 8:00 pm **Program Fee:** \$9.00

Rock -n- Roll..... Let's Bowl!

TUESDAY

Jammin' January 9th and 23rd Ages: 5 & up

Location: The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee**

Show off your singing and playing talents with Karaoke and instruments!

Rec Night January 16th and 30th Ages: 5 & up

Location: The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee**

Come enjoy a night with your friends full of games and activities!

WEDNESDAY

Pizza / Bingo January 3rd, 17th and 31st Ages: 12 & up

Location: The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee**

B4 you arrive we will have ordered the pizza!

THURSDAY

Cooking Club January 4th and 18th Ages: 12 & up

Location: The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee**

Make a meal with all your friends!

Baking Club January 11th and 25th Ages: 12 & up

Location: The Arc Building **Time:** 6:00 - 8:00 pm **No Program Fee**

Come bake some delicious sweet treats and enjoy with your friends!

FRIDAY

Friday Flix January 12th and 26th Ages: 8 & up

Location: The Arc Building **Time:** 6:00 - 9:00 pm **No Program Fee**

Let's put it to a vote! Choose from a variety of movies, sit back with popcorn and enjoy the show!

Benton Friday Fun January 12th and 26th All Ages

Location: Presbyterian Church,

Vinton

Time: 5:00 - 9:00 pm

No Program Fee

Join us for activities, crafts, and fun with friends.

Young Adult Social Club January 19th Ages: 18+

Location: The Arc Building **Time:** 6:00 - 9:00 pm **Bring money for Dinner**

Friends come one, come all! Join us for an evening out to eat and socialize!

Then come back to The Arc for some fun games and activities.

Location of restaurant will be selected on a later date.

SATURDAY

Relaxin' January 13th Ages: 13+

Location: The Arc Building Time: 9:00 am - 3:00 pm No Program Fee

Let's have fun with crafts, games, & field trips.

Saturday Recess January 20th Ages: 5 - 12

Location: The Arc Building **Time:** 9:00 am - 3:00 pm **No Program Fee**

Let's have fun with crafts, games, & field trips.

Registration

Registration is open the 1st through the 10th of each month for the following month's activities. Contact your SSC or ArcGroups@arceci.org, to sign up.

By mid-month The Arc will send a list of your selected activities indicating which are confirmed and which are waitlisted.

Activity Fees

The monthly brochure of activities will indicate if there is a required activity fee. All participants will be invoiced the following month for applicable activity fees. These fees are not covered by waiver funding. Activity fees and any program fees must be paid by the due date on the invoice.

Program Fees

Waiver Funding: Program hours are funded through your allocated waiver respite units approved at your annual meeting.

Non-Waiver Funding: Private Pay rate is \$3.65 per 15-minute unit and will be invoiced the following month along with any applicable activity fees. Any non-waiver requiring 1:1 would be a rate of \$4.77 per unit.

Cancellation Policy and No Show/Late Cancellation Fees

A \$5.00 late cancellation fee and any applicable activity fee will be charged if cancellations are not made at least 24 hours in advance for weekday activities or by Thursday at 4:30 PM for weekend activities.

Anyone who "no shows" to an activity will also be charged a \$5.00 late cancellation fee and any applicable activity fee for that group.

For cancellations during business hours (Monday - Friday 9:00 AM - 3:30 PM) call The Arc at (319) 365-0487 or email ArcGroups@arceci.org. For after hour cancellations call the group respite phone at (319) 560-4629.