

# Section 7:

## Service Options While on the Waitlist

### Private Pay

As you wait for your waiver services to begin, you have the option of utilizing a private pay option to receive services from a provider during the interim. The amount of each service will depend on a pay scale updated yearly. For more information on private pay options contact your case manager or a local provider on available services and cost. Please be aware some organizations have an extensive waitlist and may be unable to provide your private pay needs.

### Other Financial Options

#### Children at Home (CAH)

Children at Home is a grant program designed to support families with a child diagnosed with a disability. The funding is utilized for needed support and services to allow the individual to remain at home. Support and services are defined by the Iowa Family Support Network as a purchase of equipment, respite care, supplies, assistive technology, or payment of other costs that relate to the individual's disability.

#### Eligibility

- Resident of Iowa – both child and family.
- One family member must have a child with a disability.
- Child with a disability is defined as someone under the age of 22 and meets the definition of a developmental disability.
- The family's intent is to have their child remain in the home environment and utilize services and support to ensure the child remains in the home.
- The family's Federal Net (not gross) taxable income must be less than \$60,000 from the most recent tax return.

#### Apply for CAH

- Visit the Children At Home website and complete the steps in the How to Apply and Additional Documents section on the site. <https://www.iafamilysupportnetwork.org/families/children-at-home>.

## **Linn County Children’s Mental Health Assistance (formerly known as SED or Wraparound funds)**

Linn County Children’s Mental Health Assistance is a county funded program to fill the gap when insurance and waiver funds do not meet the entire mental health needs of Linn County youth. It helps support youth when there are gaps in insurance or a high deductible plan. It can be used to cover mental health medications, therapy and medication check appointments, autism social skills group, family and individual BHIS services, respite, and respite activity fees, etc. with contracted providers.

**Eligibility** - Individuals must meet the criteria of Severe Emotional Disturbance (SED), have a mental health diagnosis, be a Linn County resident under the age of 21 and have exhausted all other options for funding. Individuals are eligible for up to \$1,500 each fiscal year (July 1st through June 30th).

**Apply for Children’s Mental Health Assistance** - For more information please call the Linn County Wraparound Coordinator at 319-892-5726

