Section 22:

Future Planning

Future Planning allows the individual diagnosed with the disability, their family, and care team an opportunity to come together and create a current and future plan for the individual. This plan will allow for consistency across the team as a framework to ensure the individual's wishes are identified and respected when decisions need to be made in the future and to receive professional support if necessary. It is recommended to review the plan every three years.

A plan should be in place in the event a caregiver is no longer able to provide care to an individual due to circumstances outside of the caregiver's control (i.e., nursing home, deceased, etc.).

Future Planning is not a replacement for any legal documents described in Section 23: Estate Planning of this guide, but many include the documents or locations of the documents listed in the Future Planning Care Plan.

Future Plan should include the following:

Activities, Hobbies, or Interests

A list of current activities, hobbies, or interests. If the activity, hobbies, or interests take place at a certain location or with an organization include name, address, phone number, and contact name for each.

Behaviors

A list of any behaviors of important note for the individual. What the behavior is, triggers, resolution and/or supports. If a behavioral plan is in place, it should be included in the care plan or supporting documents.

Daily Routine

The individual's daily routine for 24 hours, 7 days a week. If a caregiver is not available for support, this is a breakdown of what occurs throughout the day in its entirety and would allow someone to support the individual and create the least amount of disturbance to their routine.

Decision Making Support

A list of decision-making supports the caregiver providers throughout the day or for larger decisions with the individual. For some caregivers, it is easier to include this with the daily routine. Decisions large and small can be included in this section.

Education

Schools attended, address, phone number, graduation date. If currently in school, information should include contact information for the current school, teacher, school counselor and/or administrator.

Employment

A resume with past and present employers name, address, phone number, position held, date position held, pay, etc. For current employer contact information should be provided in the event contact with the employer is necessary.

Finances

A list of all financial institutions' names, address, phone number, how or who has access to the accounts.

Important Documents

A list of all legal documents (i.e., will, guardianship, power of attorney, etc.) and any personal identification documents (i.e., social security card, driver's license, birth certificate, etc.). Location and holder of the important documents.

Living Arrangements

Current address, phone number, and list of individuals residing in the residence. Information should include a list of past addresses, phone numbers, and individuals lived with. It is highly recommended to include a request or recommendation for living arrangements in the event the caregiver is no longer able to help in the decision-making process.

Medical Team

All professional medical providers the individual receives services from (i.e., primary physicians, specialists, hospitals, clinics, therapist, counselors, etc.). Information should include name, address, phone number, and if HIPPA forms are signed if needed.

Relationships

All family members, close friends, neighbors, or significant others of the individual. Information should include name, address, phone number, and relationship to the individual.

Religion

The individuals' religious beliefs, name, address, phone number of their religious center, any important religious date or anniversary, and if they would like to continue to attend.

Supports

All professional services support the individual receives. Service providers, case managers, etc. Information should include name, address, phone number, and relationship to the individual.