

Section 20:

Adaptive Recreation

[Iowa Compass Recreation and Sports resources](#)

Adaptive Sports Iowa

To provide statewide leadership in the planning, promotion, education, and organization of sports and recreation opportunities for Iowans with physical disabilities.

1421 S. Bell Ave, Ste. 104, Ames, Iowa 50010 · 1-888-777-8881

<https://www.adaptivesportsiowa.org>

AYSO VIP Soccer

The AYSO Very Important Players (VIP) program provides a quality soccer experience for children and adults whose physical or mental disabilities prevent them from successful participation on mainstream teams. VIP teams may include individuals with down syndrome, autism, cerebral palsy, emotional disturbances, visual impairments, or other conditions that limit mobility, strength, and/or comprehension. AYSO VIP players get the unique opportunity to be part of a soccer team for a full season.

<https://www.ayso-cr.org/pages/vip-program.php>

Miracles in Motion

Miracles in Motion has served hundreds of students over the years with a work force of over 300 volunteers and a herd of 10-15 horses and 3 miniature horses. Students come from Linn, Johnson, and other eastern Iowa counties, and consist of children and adults with physical, emotional, and cognitive challenges. As Iowa's first Premier Accredited Center, Miracles in Motion meets the highest standards for safety and therapy set forth by the Professional Association of Therapeutic Horsemanship International (PATH, formerly NARHA). PATH provides continuing education for staff and instructors.

2049 120th Street NW, Swisher, IA 52338 · 319-857-4141

<https://miraclesinmotion.com>

Rollin' Recmobile

During the summer, two Rollin' Recmobiles take to the streets to bring recreational activities to local neighborhoods. The vans, loaded to the top with recreation equipment and games, bring staff to lead activities at 16 different parks. The vans also have a WIFI hot spot that you can use during park visits.

319-286-5566

https://www.cedar-rapids.org/residents/parks_and_recreation/rollin_recmobile.php

Special Olympics Unified Sports

Dedicated to promoting social inclusion through shared sports training and competition experiences, Special Olympics Unified Sports® creates an opportunity for people without intellectual disabilities to join in the sports experience by playing on a team with athletes with intellectual disabilities. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding.

<https://www.soiowa.org/special-programs/unified-sports>

The Kiwanis Miracle League at Prospect Meadows

KML@PM has organized spring and fall seasons to provide opportunities for children with disabilities to play Miracle League baseball, regardless of their abilities. Six weeks of games will begin around the first week of May through June and around the middle of August through September for the fall season. To participate, see below.

<https://www.prospectmeadows.com/miracle-league>