



Our Mission

The Arc of East Central Iowa empowers individuals with disabilities and their families to engage in lifelong opportunities to live, learn, work, play, and advocate with full dignity and inclusion in their communities.



The Arc

East Central Iowa

680 2nd Street SE
Cedar Rapids, IA 52401

If you have questions or are interested in Integrated Health Homes please contact The Arc of East Central Iowa at 319-365-0487 or Services@arceci.org www.arceci.org



Integrated Health Homes PROGRAM



The Arc's Integrated Health Homes (IHH) program serves children and adults with co-occurring intellectual or developmental disabilities and mental health diagnoses.



The Arc

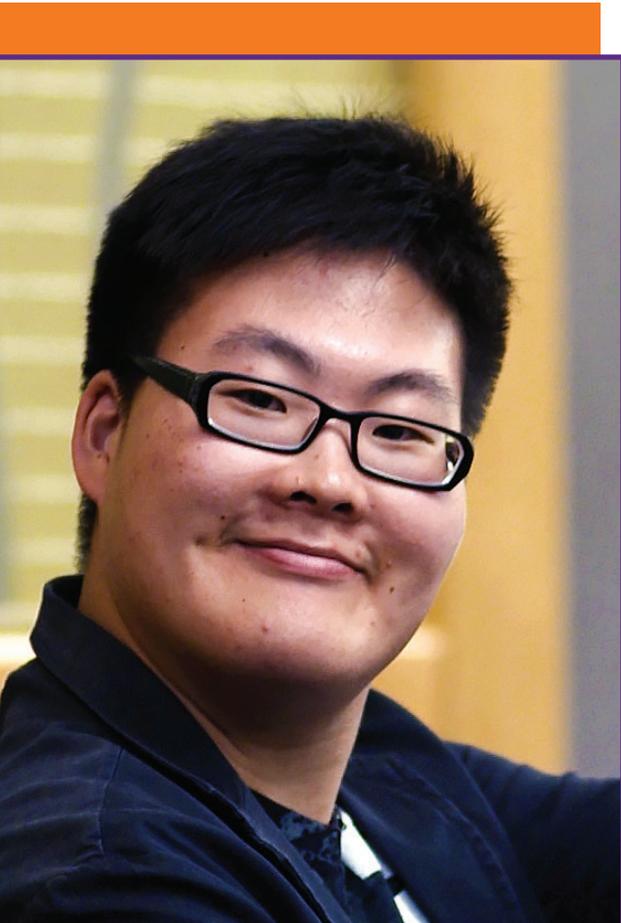
East Central Iowa

What is IHH and who does it serve?

At The Arc, we know how important it is to get the right services and supports that address your personal needs and goals.

Our Integrated Health Home Program (IHH) works with participants between the ages of five through adulthood who have serious emotional disturbances, mental health issues, or behavioral health diagnoses.

IHH care coordination connects you with a care team to improve and stabilize mental and physical health. The team consists of Peer Supports, Care Coordinators, and Registered Nurses.



How IHH works.

As a Member of The Arc's IHH program, you will help develop an individualized plan that will coordinate your physical and mental health and overall well-being.

We offer low caseloads so our Care Coordinators, RN, and Peer Support Specialists can provide the level of service you need to stay healthy.

Our team will help guide you through application process for benefits for which you may qualify, and organize all services, including medical, behavioral, and community services regardless of the funding sources for those services.

Let us be your guide.



Why The Arc?

The Arc specializes in working with individuals with both a disability and mental health needs. Our focus and strength in working with different types of intellectual, developmental, and physical disabilities makes us uniquely qualified to address the holistic needs of those we serve.

For those already receiving care coordination on Habilitation or Children's Mental Health Waiver services, it will mean one less provider and more streamlined service delivery.

Our team can provide you with:

- Specialized care
- Holistic care approach
- Individualized care management
- Streamlined services
- Small caseloads for better services

