



# Our Mission

The Arc of East Central Iowa empowers individuals with disabilities and their families to engage in lifelong opportunities to live, learn, work, play, and advocate with full dignity and inclusion in their communities.

## Day Habilitation PROGRAM



**The Arc**

*East Central Iowa*

680 2nd Street SE  
Cedar Rapids, IA 52401

If you have questions or are interested in Day Habilitation please contact  
The Arc of East Central Iowa  
at 319-365-0487 or  
[ContactUs@arceci.org](mailto:ContactUs@arceci.org).  
[www.arceci.org](http://www.arceci.org)



The Arc's Day Habilitation Program serves adults with intellectual and developmental disabilities.



**The Arc**

*East Central Iowa*





**Our** Community Integration Program serves adults with intellectual and developmental disabilities. The program is primarily funded by Medicaid.

This program focuses on participants becoming active and involved members of the community.

Participants are actively involved in the planning and selection of daily activities. The city bus and walking are the main modes of transportation.

Each participant is helped to develop or maintain life skills and to participate meaningfully in the community.



**Hours** of the program are 8:45 AM to 2:30 PM Monday through Friday. The staffing ratio is small groups.

Staff go through a comprehensive training and mentoring program focused on supporting individuals with disabilities.



**Participants** volunteer at community organizations and a variety of activities to encourage growth in:

- Community Integration
- Socialization
- Mobility
- Functional Skill Development
- Self-advocacy
- Responsibility & Self-direction
- Language & Communication
- Physical & Emotional Health
- Intellectual & Cognitive Functioning
- Daily Living Activities
- Behavior Management

