

Get Involved

Membership

Become a part of The Arc of East Central Iowa and advocate to protect the rights of people with I/DD by ensuring that sufficient resources are available to meet their needs in every community. Your membership strengthens The Arc's voice in addressing national, state, and local level policy issues that impact people with I/DD.



Volunteer

If you have a desire to share a skill, demonstrate your commitment to individuals with disabilities, or to learn something new, we need you. The Arc depends on volunteers to help staff events, provide clerical support, and to assist in providing services. To learn more call The Arc today!



Donate

The time is now to Achieve with us. When you support The Arc of East Central Iowa either through a general donation, a membership, or a special gift, you will support programs, services, and advocacy that in turn help build better lives for individuals with I/DD, their families, and our community.



OUR MISSION

The Arc of East Central Iowa **empowers** people with intellectual and related disabilities to engage in lifelong **opportunities** to **live, learn, work** and **play** with **dignity, freedom** and **full inclusion** in their **communities**.

Come work for The Arc!

We are always looking for caring individuals who want to help make a difference in the lives of those with disabilities. We have flexible hours and the opportunity to work in various settings with a variety of ages and you can participate in an assortment of activities.

Apply online today!



The Arc

East Central Iowa

680 2nd Street SE
Cedar Rapids, IA 52401
319-365-0487

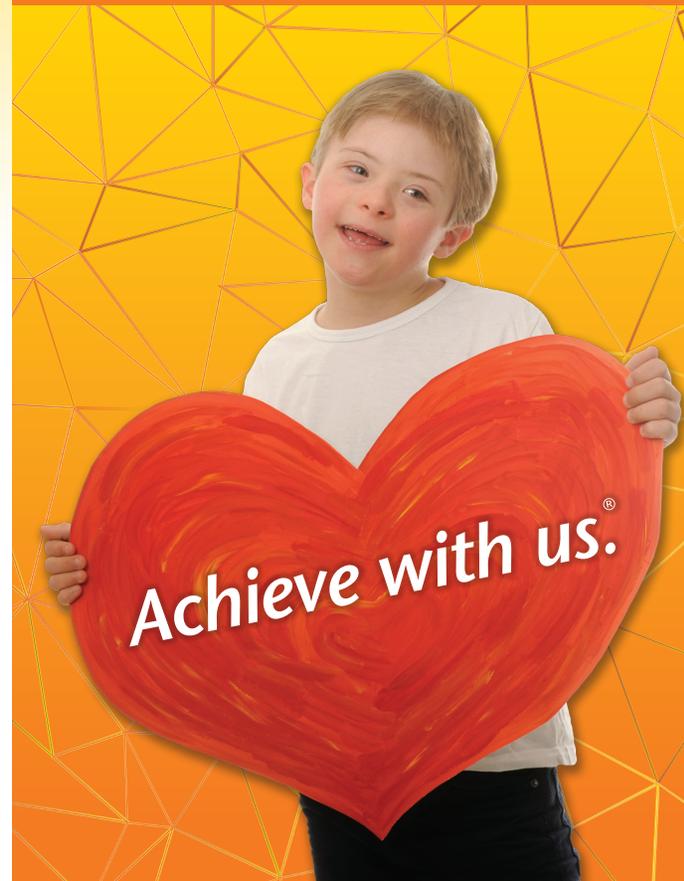
www.arceci.org



The Arc

East Central Iowa

*Serving those
with intellectual and
developmental disabilities.*



About The Arc

The Arc of East Central Iowa, is a local chapter of The Arc, a nonprofit organization advocating for the seven million people in America with intellectual and developmental disabilities (I/DD), including Down syndrome, autism, cerebral palsy, brain injury, and other diagnoses. We help individuals achieve their life goals and become productive members of the community by creating opportunities for inclusion. We are changing public attitudes and fostering respect, access, and inclusion.

Support

The Arc provides assistance and resources to individuals and families who need information about various disability topics.

Services

Over 60 years ago the founders of The Arc of East Central Iowa began canvassing neighborhoods to address the needs and concerns of individuals with disabilities. Due to their passion and commitment, The Arc of East Central Iowa offers a variety of programs and services that help enhance the lives of people with I/DD.

Achieve with us.[®]

Connect with us on
Facebook or visit us at
www.arceci.org



DAY HABILITATION - The Arc's Day Habilitation program serves adults with I/DD. It is based in the community and primarily uses the city bus for transportation to and from activities. Each participant is supported in developing and/or maintaining life skills, and in participating meaningfully in the community. There is a strong emphasis on individuals choosing their activities and assisting in the planning process, with guidance from staff.

DAYCARE/ENRICHMENT PROGRAM - This program provides a fun, safe, and structured environment for your loved one. Our low staff to participant ratio allows each individual to receive the attention and reinforcement necessary for personal growth and safety. We offer a variety of daily recreational activities emphasizing social and interpersonal opportunities with a commitment to community inclusion. The Arc provides two options for this program:

- Daycare (Ages 5-21)
- Adult Enrichment (Ages 18+)

HABILITATION SERVICES - Home-based habilitation consists of person centered services and support that assists individuals with co-occurring I/DD and a mental health diagnosis to remain living as independently as possible in integrated community settings. Services and Supports include assistance with daily living skills, communication, and maintaining physical and mental health.

INTERIM MEDICAL MONITORING AND TREATMENT (IMMT) - IMMT allows caregivers of individuals with specialized medical needs to maintain employment or attend school, while our specially trained staff provide monitoring and treatment of a medical nature, beyond what is normally available in a daycare setting. Services may be provided in the home or at our Daycare/Enrichment program at The Arc.

RESPIRE - Being the primary caretaker for someone with special needs can be overwhelming and time consuming, leaving little time for other duties and self-care. Respite Care is a service that provides temporary relief to caregivers while ensuring their loved one's needs are met by our experienced and trusted staff. Respite can take place in the home or in the community. We also offer respite services in group settings on weeknights, weekends, and during the weekday when school is not in session through our Service Center. Here, activities are planned that are age appropriate and promote social skills in a fun and safe environment.

PROJECT SEARCH - The Arc partners with UnityPoint Health - St. Luke's Hospital and Iowa Vocational Rehabilitation Services to provide Project SEARCH, a nine month vocational training program that uses a combination of classroom instruction coupled with workplace internships to prepare individuals for competitive employment. Project SEARCH is held at St. Luke's Hospital and serves young adults (ages 18-30) who have graduated from high school or the equivalent and have a desire to work.

SUPPORTED COMMUNITY LIVING (SCL) - The Arc supports individuals with I/DD in their desire to be more independent and/or an active part of their local community. SCL is a service that is provided in the home or community, and may involve skill training in the areas of basic homemaking skills, health and personal safety, recreational and community activities, paying bills, using public transportation, and accessing medical and dental services. The type of skill training and support provided by our staff is driven by the individual's care plan and goals.

SUPPORTED EMPLOYMENT - Supported Employment services assist individuals in obtaining and maintaining community employment opportunities that are responsive to their preferences and abilities. Our staff use a strengths-based and person-centered approach to support individuals throughout the job placement and implementation process. Services are provided based on the individualized care plan.