If you would like to have many opportunities to socialize and be with friends...then Voices Unlimited is for you!!

This self-advocacy group provides events and meetings throughout the year that everyone in the community can be a part of.

This is a wonderful opportunity to enjoy yourself with friends!

For more information, go to www.arceci.org or call The Arc at 319-365-0487.
What is Voices Unlimited?

Voices Unlimited is part of The Arc of East Central Iowa’s Citizen Advocacy Program. It is a social club designed primarily for adults with disabilities to enhance social skill development, yet is open to all individuals within the community.

This group provides a place where individuals can share their ideas, build friendships, and learn how to be an active participant in their community.

The social group meets twice a month, and there is typically one educational and one social event. Most gatherings take place in the evenings, Monday through Friday.

I Want to Know More...

Through a yearly fee, members will receive their membership card, a Voices Unlimited t-shirt, the monthly newsletter Our Voice, special discounts at meetings and social events, first choice of free and reduced tickets for community events, Members Only activities, and double door prize coupons at special events.

Activities offered throughout the year
- Dances
- Craft Nights
- Sporting Events
- Community Tours
- Karaoke
- Movie Nights
- Game Nights
- Educational Meetings

Membership Application

To become a member, please fill out the application below and send it with a $10.00 membership fee to the address listed below. Please include all information to ensure the continued support of United Way, who makes this program possible.

Name ________________________________
Address ________________________________
City ___________________ State ____________
Zip ____________ County __________________
Email ________________________________
Phone Number __________________________
Date of Birth ___________________________
Household Size __________________________
Yearly Gross Income _____________________
Gender ___________ T-Shirt Size: __________

Race (Circle one):
- Caucasian
- African American
- Asian
- Hispanic
- Multi Racial
- Other Race
- Unknown

Ethnicity □ Check if the applicant ethnically identifies themselves as Hispanic or Latino

Please send this form and the membership fee of $10.00 to

The Arc of East Central Iowa
680 2nd St SE, Suite 200
Cedar Rapids, IA 52401