

FROM THE DIRECTOR'S DESK

During this week of September 9th nonprofits across the country will recognize the work of Direct Support Professionals (DSP). There are an estimated 4 million DSP's providing direct care services across the United States. The Arc of East Central Iowa is so grateful for our 300 plus DSP staff members. The work they do is at the heart of our mission. They give over 800 individuals and families the gift of compassion, support, service, and advocacy on a daily basis. DSP's, with their skills and hearts, help to transform individual lives, opening new doors of possibilities that others may have thought unattainable. By teaching skills, providing loving care and supporting the health & wellness needs of the individuals we serve, they are empowering people to engage in lifelong opportunities to live, learn, work and play with dignity, freedom and full inclusion in their communities.



They also perform a vital service to families, for whom day to day care may pose a challenge beyond their capabilities, and whose goals are to enable their loved one to lead the best possible life. The work of our DSP's are also important to our community as a whole, as they advocate for community inclusion, appropriate service levels, and individuals rights.

DSP's deserve our respect and appreciation every day, but please join me in making a special effort this week to thank a DSP for all they do to enrich the lives of people with intellectual and developmental disabilities. We are eternally grateful.

Sincerely,
Anne Armknecht, MBA HC
Executive Director

THE ARC RECEIVES A NEW BUS

The Arc has a new bus! Unlike our old bus, our new bus has room for two wheelchairs. The new bus was purchased through grants obtained through Transamerica, the East Central Region and Linn County. We are so excited that our participants will now be riding in style.

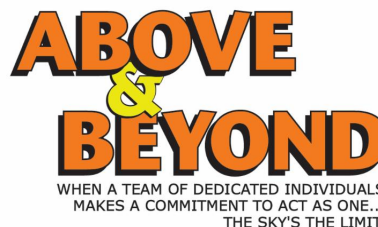


ANNUAL MEETING AND AWARDS

Tuesday, September 25th
7:00 pm

St. Patrick Parish Center
120 5th St. NW | Cedar Rapids

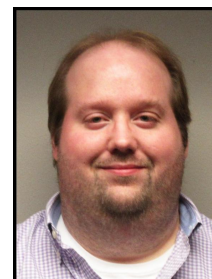
(Entrance is on 5th Street behind St. Patrick Church)



Please join us as we celebrate the success of the past year and recognize the many great citizens and employees that help make a difference in our community and at The Arc!

WELCOME TO THE ARC

Hi, I'm James O'Hara and I am the new Finance Coordinator. I am currently enrolled in the MBA program at Mount Mercy University. During my free time I usually can be found watching Netflix, reading books or researching articles on Finance, Value Investing, or true mysteries. I also play the guitar and have been doing that for over 20 years.



I like to play video games of all eras! I even stood in line at Walmart until midnight for the releases of both the Nintendo Classic mini and Super Nintendo Classic mini console.

SUPPLEMENTAL SECURITY INCOME & SOCIAL SECURITY DISABILITY INCOME WORKSHOP

Tuesday, October 2nd
6:00 - 7:00 pm

The Arc Building
680 2nd St. SE | Cedar Rapids



Please join us here at The Arc as Frank Varvaris, a proprietor of a firm in Cedar Rapids, shares with us some information on Supplemental Security Income & Social Security Disability Income for people with disabilities and their families. **Part of the Family & Community Workshop Series.**

Please RSVP by September 27th to Lexi at lcoberly@arceci.org or 319-365-0487 ext. 1024.

Space is limited!

HCBS Waivers 101

Tuesday, November 6th
6:00 - 7:00 pm

The Arc Building
680 2nd St. SE | Cedar Rapids



Completing a Home and Community Based Services (HCBS) Waiver application can be a difficult job. Most individuals want help understanding when to start the process, how to submit the forms, which waiver to select, how to qualify for each

based on age and formal diagnoses, countable resource limitations, determining at what age waiver coverage stops, etc. - these can all be overwhelming questions and concerns. Our HCBS Waivers 101 will help answer some of your questions in regards to the different waivers. **Part of the Family & Community Workshop Series.**

Please RSVP by November 1st to Lexi at lcoberly@arceci.org or 319-365-0487 ext. 1024.

Space is limited!

