

## FROM THE DIRECTOR'S DESK

### Helping Them to Fly

Tis the season for gatherings of friends and family, for celebrating our faith, and for giving to others. A busy time of year to say the least, but also one to be joyous for what we have, and for what we are able to give. The Arc of East Central Iowa has been blessed to receive gifts throughout the year. Gifts of precious volunteer time, of assistance with our advocacy efforts, and gifts to our endowment. Routinely individuals and businesses will drop by with items from our wish list, toys for the daycare, or goodies for our many events. We are so thankful for all of you who think about the needs of Arc consumers, especially this time of year.



This holiday season we are actively asking for your monetary support through our Annual Campaign. It is a simple fact that we cannot continue with our important services, advocacy efforts and inclusive events without you. Your donation allows us to do more in every way. The funding challenges we have faced the last several years are very real. We continue to be as efficient and creative as possible with our funding, looking for solutions that allow us to meet our mission. We hope that you are able to be part of the solution. Our consumers and families need you. Martin Luther King Jr said: "If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward." Your donations help us to inspire over 800 individuals to fly, run, walk, crawl and move forward. As we look forward to another exciting year, I hope we can count on you to not only help us keep moving forward, but to fly. On behalf of the families that rely on us daily, I thank you.

Sincerely,  
Anne Armknecht, MBA HC  
Executive Director

## 2018 A BETTER PLACE ANNUAL CAMPAIGN

This world is a Better Place because of the amazing individuals in our lives with intellectual and developmental disabilities and it's The Arc's mission to help make it a Better Place for them, but we can't do this alone. We need your support to help maintain and grow programs vital to those we serve. Please consider a donation to our **2018 A Better Place Annual Campaign**.



**YES! I WANT TO HELP MAKE IT A BETTER PLACE!  
DONATE NOW!**

## WRAPPING FOR A CAUSE

Our annual **Wrapping for a Cause** booth is at the Lindale Mall Food Court. Bring us your holiday gifts and let us wrap them for you! Don't let wrapping stress you out.... let us take care of that for you! All proceeds from this event stay right here at The Arc to support those with disabilities in our community.



**Lindale Mall Food Court**  
**Monday – Saturday 11:00 am – 8:00 pm**  
**Sunday 11:00 am – 5:00 pm**  
**Christmas Eve 9:00 am – 3:00 pm**

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### FOR A SPECIAL DAY

If you can't make it to the mall you can bring your gifts to The Arc's downtown office on **Dec. 17th** from **7:30 am - 6:00 pm** and we'll wrap them for you!

Drop off and pick up later in the day will be available for this special day

**Only at 680 2nd Street SE.**

## GAZETTE GIVES BACK

We are a 2019 Gazette Gives Back recipient. From now until December 31st please go to [www.TheGazette.com/GivesBack](http://www.TheGazette.com/GivesBack) to vote for us! Your vote helps us earn FREE advertising space in the Gazette.



**VOTE NOW!**

## AMAZON SMILE

When shopping on Amazon, be sure to utilize Amazon Smile! Designate The Arc of East Central Iowa and Amazon will donate .5% of your purchase to us!



**SHOP ON AMAZON TODAY!**

## WISH LIST

From every day items to special requests. We are always in need of items to keep our office and programs running. Click on the button below to view our Wish List. Donations can be dropped off at The Arc's main office anytime.



[VIEW WISH LIST](#)

## Special Needs Trusts

**Tuesday, January 29th**  
**5:30 - 6:30 pm**

**The Arc Building**  
**680 2nd St. SE | Cedar Rapids**



Please join us here at The Arc as Kyle Wilcox, Attorney from Simmons Perrine Moyer Bergmann PLC, & Teressa Hackenmiller from Thrivent Financial share with us some information on the basics of Special Needs Trusts. **Part of the Family & Community Workshop Series.**

Please RSVP by January 24th to Lexi at [lcoberly@arceci.org](mailto:lcoberly@arceci.org) or 319-365-0487 ext. 1024.

**Space is limited!**

[RSVP NOW](#)

## Understanding ABLE Accounts

**Tuesday, February 5th**  
**5:30 - 6:30 pm**

**The Arc Building**  
**680 2nd St. SE | Cedar Rapids**



Please join us here at The Arc as Frank Varvaris from Frank Varvaris & Associates talks about the Achieving a Better Life Experience Act (ABLE Act) and how it allows individuals to establish tax-free savings accounts where the individual or their friends and family can save money throughout the year. The savings account can help those with disabilities maintain their health, independence, and quality of life. **Part of the Family & Community Workshop Series.**

Please RSVP by January 31st to Lexi at [lcoberly@arceci.org](mailto:lcoberly@arceci.org) or 319-365-0487 ext. 1024.

**Space is limited!**

[RSVP NOW](#)

## WELCOME TO THE ARC

Hello, I'm Philip Schramp, the new Finance Director. I have spent the majority of my career working in Finance, and I'm excited to bring this experience to The Arc to help further our wonderful mission. Outside of work I enjoy acting in local community theater, cooking and gardening.



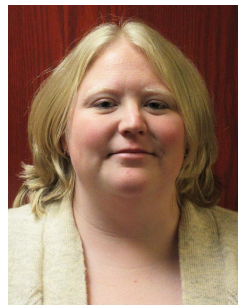
## WELCOME TO THE ARC

Hello, I'm Kristen Krambeer, a new Service & Support Coordinator. I am returning to work after a year of being a stay at home mom to my two stepchildren. During my year off, I spent time with The Arc as a Direct Service Provider. I have a passion and drive for working with others to improve their lives. I am excited to be joining the team and I look forward to getting to know all of you.



## WELCOME TO THE ARC

Hello, I'm Kaitlynn Mell, a new Service & Support Coordinator. I am very excited to be joining The Arc team and am happy to be bringing my experience into this position. In my free time, which is limited due to also being enrolled in the MSL program at Mount Mercy, I really enjoy video games, movies, and all things nerdy (e.g. Harry Potter). I look forward to getting to know everyone and being part of such a great organization.



## HOLIDAY SCHEDULE

The Arc offices will be closed the following days for the upcoming holidays.

- Christmas (December 24th & 25th)
- New Years (December 31st & January 1st)

\* *The Arc Daycare WILL BE OPEN December 31st.*



## ARC MARCH - SAVE THE DATE

Mark your calendars and save the date! The 22nd annual Arc March is March 23, 2019!



Your donations help us support those with disabilities in our community.

